**Session Title:** Reducing Risks Related to Nutrition and Hydration

**Presentation Date:** 11/12/2024

**Presented By:**

Shelly Maffia MSN, MBA, RN, LNHA, QCP, CHC, CLNC, CPC

**Contact Person:**

Proactive Medical Review and Consulting kayla@proactiveltcexperts.com

**Course Description**:

In this session, we will delve into the critical issue of nutrition and hydration in nursing homes. We'll explore strategies to prevent nutrition and hydration related citations.

**Learning Objectives**

1. Understand the regulatory requirements related to nutrition and hydration .
2. Identify common risk areas related to nutrition and hydration .
3. Learn effective strategies for appropriately assessing nutrition and hydration status
4. Review recent immediate jeopardy situations related to nutrition and hydration for real-world insights.

**Course Content**

15 min: Overview of nutrition and hydration regulatory requirements

15 min: Review of Immediate Jeopardy Cases related to nutrition and hydration with key takeaways and best practices

15 min: Assessing nutrition and hydration status.

15 min: Nutrition and hydration citation prevention strategies

**Target Audience**: Directors of Nursing, Nursing Leadership, QA Directors, Compliance Staff, Department Heads, Nursing Home Administrators

**Instructional Level:** Intermediate

**Program Length:** 1 hour