



**SJÖGREN'S & LUPUS
FOUNDATION OF HAWAII**

Sjögren's and Lupus Patient Conference 2017

AGENDA

0730-0800 Registration

0800-0815 Welcome, Living The Sjögren's Life, Melaca Cannella, RN

0815-0845 Dr. Scott Kawamoto, Rheumatologist *"Life with Lupus"*

0845-0915 Dr. Miki Garcia, Dermatologist *"How to care for your skin living with an autoimmune disease"*

0915-0945 Dr. April Lewis, Optometrist *"Taking care of your dry eyes"*

0945-1000 ***BREAK***

1000-1030 May DelRosario *"Empowering To Advocate"*

1030-1100 Dr. Katherine Taketa-Wong, Naturopathic Physician *"Integrating Conventional & Natural Remedies to Successfully Treat Autoimmune Disease"*

1100-1200 Dr. Terry Shintani *"How to Mitigate Autoimmune Disease Naturally"*

1200-1245 **LUNCH**

1245-1500 **BREAKOUT SESSIONS**

1245-1500 *Writing For Wellness: Gratitude and Forgiveness* with Jodie Ching

Session 1

1245-1345 *Sound Healing* with Emma Kupu Mitchell

Session 1

1245-1345 *Yoga* with Mallori Choy

Session 2

1400-1500 *Sound Healing* (Emma Kupu Mitchell)

Session 2

1400-1500 *Yoga* with Mallori Choy

Conference ends at 3pm